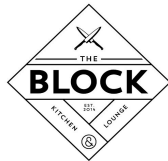


LUNCH



APPETIZERS

SOUP OF THE DAY \$7

CHEESY PIZZA BREAD \$12

garlic oil, mozza, parsley & marinara sauce

CHEESE STUFFED ARANCINI \$13

fried risotto balls, marinara, basil aioli

CRISPY CALAMARI \$15

salt & pepper calamari, fried banana peppers, green onion & angry aioli

MEATBALLS \$15

pork & beef meatballs, tomato sauce, Parmesan & parsley

TEMPURA PRAWNS \$14

six tempura prawns & angry aioli

P.E.I MUSSELS \$18

garlic butter, white wine, spinach, red pepper, onion, tomato concassé & served with ciabatta bread

CHICKEN WINGS (1LB) \$13

bbq | honey garlic | salt & pepper | hot

MEAT & CHEESE BOARD \$21

prosciutto ham, genoa, casalingo salami, roasted garlic clove, sicilian olives, feta stuffed jalapenos, two types of artisanal cheese & toasted ciabatta

SALAD

add protein

• chicken \$6 | calamari \$7 | sautéed prawns \$9 | steak \$11 •

GF ARTISAN GREENS \$6/\$10

artisan greens, tomato, pickled red onions, cucumber, balsamic & herb vinaigrette

CAESAR SALAD \$7/\$10

romaine, roasted garlic & Parmesan dressing, croutons

GF BEET SALAD \$9/\$13

roasted & pickled beets, goat cheese, arugula, candied pecans, white balsamic dressing

V POWER BOWL \$15

mixed greens, fried chick peas, cocktail tomatoes, pickled red onions, roasted red peppers, cucumbers, avocado & ranch dressing

FEATURE LUNCH WINE

6oz glass or 9oz glass
red or white

• ask server for details •

**GLUTEN FREE OPTIONS
AVAILABLE**

-DETAILS ON BREAKFAST SIDE-

SANDWICHES

sandwiches are served with
fries OR artisan greens

• or choose soup | beet or caesar salad | yam fries \$4 •

BLOCK BURGER \$17

all beef patty, American cheddar, garlic aioli, Dijon grainy mustard, shredded lettuce, tomato, sliced red onions & pickle slices

ROAST BEEF DIP \$17

salt & pepper slow roasted beef, crispy onions, horseradish mayo, au jus

CHICKEN CLUB \$17

grilled chicken breast, bacon, shredded lettuce, tomato, garlic aioli, Monterey jack cheese & whole grain ciabatta

STEAK SANDWICH \$18

grilled 6oz reserve Angus sirloin, toasted garlic bread

V VEGGIE BURGER \$17

veggie patty, shredded lettuce, tomato, garlic aioli & brioche bun

PASTA

MUSHROOM RAVIOLI \$20

garlic cream sauce, white wine, spinach, onion, tomato concassé, Parmesan & parsley

WILD BOAR PENNE BOLOGNESE \$22

roasted tomato sauce, grated Parmesan, fresh basil

SPAGHETTI & MEATBALLS \$21

pork & beef meatballs, Parmesan, roasted plum tomato sauce

PRAWN & SAUSAGE TAGLIATELLE \$22

sautéed prawns, dried Hungarian sausage, red peppers, onions, white wine, garlic, olive oil, Parmesan

CHICKEN & SPICY ROSÉ PENNE \$21

chicken breast, spicy rosé sauce, Parmesan & fresh herbs

PIZZA

PEPPERONI PIZZA \$17

pepperoni, tomato sauce & mozza cheese

THE NICO \$18

olives, mushrooms, Genoa salami, soppressata salami, tomato sauce, mozza

BLOCK BASIL \$15

basil spread, bocconcini cheese, tomato concassé & fresh basil

CAPICOLLA \$19

Italian cured pork, grilled pineapple, tomato sauce, roasted red peppers, mozza, chili oil

MUSHROOM \$18

crimini mushrooms, roasted garlic purée, caramelized onions, mozza, arugula, truffle oil